

NEWSLETTER

JANUARY 2024

Learn from yesterday, live for today, hope for tomorrow – Albert Einstein

NEW YEAR AT A GLANCE

Countdowns to midnight are common, often accompanied by fireworks, and toasts, as the new year begins. Many people also make resolutions or set goals for the coming year. Overall, New Year celebrations are a time for reflection, joy, and optimism for the year ahead. All the centers across the state have welcomed the new year with pomp and joy by celebrating it with positive energy.





Headlines

Our Esteemed **Member Secretary** of **People's Forum**, was honored with the prestigious **"Prannath Samman"** on January 28th, 2024 for his unwavering dedication and wholehearted contributions to the lives of differently Abled serving as a beacon of compassion and service.

New Happenings

The use of **Drama Therapy** with the residents in MAMI Puri involves the practice of drama. The intentional use of drama/ theatre techniques to facilitate personal growth and promote mental health. The benefits are manifold, it aids the acquisition of new behaviours, social skills, and communication skills.



Creative art therapy session & **<u>Bibliotherapy</u>** was incorporated focusing on some female residents in MAMI Puri. This therapeutic approach allows people to feel heard, which reduces anxiety, normalizes experiences and helps people perceive experiences accurately.



New Year New Ashra – Renovation of Mission Ashra to a soothing and spiritual environment for the growth and progress of the Residents in a Constructive spectrum. The Garden Area, Activity area and counselling room have been recreated to energize and boost the atmosphere positively, to let them grow beautifully.





Introduction of **Mushroom Farming** in DMF Ashraya, Keonjhar on a small scale for the vocational activity, to utilise the activity for the learnings of the residents.





Palm mat Making is a widely used craft making in rural areas, residents of DMF Ashraya, Keonjhar have started making mats from dried palm leaves as vocational training which can be used for commercial purpose. Painting is the best way to express feelings through good reinforcement for the children. The activity area was used as canvas by the children of Aama Ghara Bhubaneswar by filling cartoonistic characters on the walls.



A donation program was conducted in MAMI Berhampur by **SBI Zonal Office** Berhampur, as a part of it they provided the center with trays, water glasses, and bed sheets for the residents. The program was accompanied by the Chief General Manager, Deputy General Manager, and Asst. General Manager SBI.







APJ Abdul Kalam Trust has visited the MAMI Berhampur interacted with the residents and spent time engaging with the residents. They also donated slippers to the residents for the safety and sanitation.



Business Correspondence

Newly ventured in 2 Districts of odisha:

Malkangiri & Jagatsinghpur

Started functioning in Sehore District of Bihar.

15% growth of Portfolio in the month of January

Training and Workshops

Peoples forum Deputy Manager HR have been called as a **Resource person** for Training of SI's and Dy.Sp at Biju State Police Academy on Role of accessing One Stop Centers & present Issues.



Workshop on **"Empowering Women through Legal Literacy"** campaign organized by Swati Organization Kandhamal in collaboration with US Consulate General at Subarnapur for One Stop Centre.





Donations:

- ASHRA Khordha has Received a donation from the Rotary Club in the form of new clothes for the Residents.
- MAMI Puri has received a donation of footwear and eatables from the Samarpan Foundation by Mr. Brajkishore Sahoo.
- SBI Chief general Manager, Asst. Manager conducted a Donation program in MAMI Berhampur provided utensils and bedsheets.

Awareness Drive:

- A special Cleanliness program was done by Sakhi One Stop Centre,
 Bhubaneswar with the help of Hospital Staff and sweepers inside the premises of Capital Hospital.
- Sakhi One Stop Center, Anugul has conducted an awareness rally on the Benefits of OSC by the staffs and other representatives.

Highlights

- In the month of January, One Stop center, Koraput has organized 13 number of Awareness programmes.
- One Stop Centre Anugul has conducted 15 awareness programs on different areas.
- In the month of January, Sakhi Bhubaneswar conducted 6 awareness programmes, and a total of 37 cases were addressed.
- One stop Centre Sonepur conducted 18 awareness programmes throughout the month of January.

Celebrations

With immense joy and delight, MAMI Puri has observed its "1st Foundation Day" on 24th January 2024. It was a day full of cultural activities, recreational activities, and a positive energy to work for the better future of our residents.

Jharsuguda Lok Mahotsav Dulduli 2024 is a festival of combination and coordination of folk, tribal art, and cultural festivals. 435 stalls were set up in the festival in which **Mission** Ashra and Ashalok had two stalls, which were given by the SSEPD Department to People's Forum Jharsuguda (bamboo craft and pottery craft).

75th Republic Day was celebrated in all the centres of the People's Forum across Odisha. Ministry of Culture gave the theme: India – Mother of Democracy.







FOUNDATION DA



National Girl Child Day aims to emphasize the principle of equality and dignity for every child. On 24th January 31, 2024, Aama Ghara, Jajpur organized an event for the girl children.





Ramlala Pran Pratistha is the consecration ceremony of Ram Mandir which was held on 22nd January 2024. The event was organized by Shri Ram Janmabhoomi Teerth Kshetra in Ayodhya. All the centres of People's Forum have observed the ceremony in all the centres across Odisha.





Thank You

Gracious

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